# What's new in August?





# Italian Long Table Lunch

Delicious food to share, live entertainment, great raffle prizes: make sure you don't miss our Italian Long Table Lunch! Tickets include wine, beer & soft drinks. **Tuesday, 7 August , 11.30am to 2.30pm \$25 Village Hub members | \$35 non-members** 

### Health & Wellness - Healthy Ageing

Prof Bob Ziegler is the personification of Healthy Ageing. A Peer Educator with the Council on the Aging (COTA), he's been involved with the Living Longer, Living Stronger program for 14 years, and has a wealth of wisdom on ageing well. **Thursday, 9 August, at 3.30pm & at 5.30pm.** *Bookings essential* \$5 | light refreshments provided





#### City of Perth Art Walk

The Village Hub Out & About group invites you for a free guided tour of art around Perth CBD. Meet at The Homestead and take public transport to the city. **Friday, 10 August, meet at The Homestead at 10am** 

## Village Hub Launch

Join us to officially launch the Village Hub, learn about our volunteer matching system, future plans, and try out Ballroom Fit, Chair Yoga or Nordic Pole Walking. Friday, 17 August, 10am to 12noon





#### Community Choir Info Night

Want to join other Village Hub members and local residents in creating Vic Park's first Community Choir? Come for an Information Night and learn all about it. **Tuesday, 14 August, 6 to 7pm, at The Homestead** 

#### Stringy Bark Winery

Enjoy wine tasting before a roast lunch at this lovely Chittering Valley winery. Stop at Golden Grove Orange for produce on the way back. *Bookings required by 23 Aug* **Thursday, 30 August, departing from The Homestead at 9.30am** \$50 for Village Hub members | \$70 for non-members





#### Members' Drop In Day

Don't forget Village Hub Members' Drop In Day is every Friday: have some soup, a chat, maybe play a fun card game in good company, or watch a movie. **Every Friday, from 12noon to 3.3pm, at The Homestead | \$3 for soup** 



CONNECT VICTORIA PARK INC. The Homestead – 5 Mackie Street, Victoria Park 6100. Ph. 08 9361 2904 admin@connectvictoriapark.org/www.connectvictoriapark.org

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